

21. Member Assistance & Wellness

Measure / Indicator Description:	Responsibility:	2006 %	2007 %	2008 %	2009 %
Percent compliance with developing and maintaining a written <i>Member Assistance & Wellness Program</i> and providing annual informative training to members.	Chief Wirtz	100	100	100	
Percent compliance with performing age-based periodic medical evaluations, screenings, and associated vaccinations for all uniformed members in accordance with NFPA 1582 – <i>Comprehensive Occupational Medical Program for Fire Departments</i> .	Chief Wirtz	100	100	100	
Percent compliance with performing pre-employment medical evaluations for all uniformed members in accordance with NFPA 1582 – <i>Comprehensive Occupational Medical Program for Fire Departments</i> .	Chief Wirtz	100	100	100	
Percent compliance with performing annual medical evaluations and associated screenings for members serving on a Hazardous Materials Response Team in accordance with 29 CFR 1910.120 (HAZWOPER).	Chief Wirtz	50	100	100	
Percent compliance with developing and maintaining a Physical Fitness and Wellness Program (Peer Fitness) in accordance with NFPA 1583 – <i>Standard on Health-Related Fitness Programs for Fire Fighters</i> .	Chief Wirtz	0	0	50	
Percent compliance with training at least four (4) members as <i>IAFC/IAFF Peer Fitness Evaluators</i> to serve as a link between injured members and the Safety Committee for the purposes of expediting return-to-duty, improving wellness education, and improving occupational injury prevention efforts.	Chief Wirtz	25	25	100	
Percent compliance with establishing a Physical Fitness Program that meets the requirements of NFPA 1583 <i>Health-Related Fitness for Fire Fighters</i> .		0	0	50	
Percent compliance with performing annual audiometric testing and hearing conservation training through certified audiologists of Washington Audiology Services.	Chief Wirtz	100	100	100	
Overall Percent Compliance by Year:		59%	66%	87%	

What does this measure tell us?

NFPA statistics continue to show that almost 50 percent of fire fighter fatalities are heart attacks, and almost 50 percent of those who died had heart-related problems. An effective Member Assistance & Wellness Program to include a formal health-related fitness plan can significantly contribute to reducing fire fighter fatalities and injuries. The multiple stress factors and rigors of our profession require fire fighters to be mentally and physically fit in order to effectively perform the required tasks.

Goal being measured:

Develop and Maintain an Effective Training & Safety Program.